

# ATLANTA'S TOP 10 FITNESS CENTERS

Ranked by number of members in Atlanta

Rank		Center*	No. of Atlanta members / No. of Atlanta memberships	No. of Atlanta locations / No. of full-time employees / Part-time	Monthly fee / Initiation fee	Square footage of center(s)**	Hours of operation**	Partial list of amenities**	Chief Atlanta officer or club manager(s)	Year est. in Atlanta
This year	Last year									
1.	(1)	<b>Gold's Gym of Georgia Inc.†</b> 8741 Hospital Drive Douglasville, Ga. 30134 (800) 994-6537 www.goldsgym.com	125,841 101,005	28 342 1,320	\$35-\$54 \$49-\$149	29,785	M-Th. 5 a.m.-10 p.m. Fri. 5 a.m.-8 p.m. Sat.-Sun. 8 a.m.-6 p.m. some gyms open 24 hours	group fitness, cardio theater, cardio and strength equipment, personal training, cycling, chiropractic/medical clinic	Adam Ponzio	1984
2.	(3)	<b>Corporate Sports Executive Health Clubs</b> 6400 Highlands Parkway, Suite C Smyrna, Ga. 30082 (770) 432-0100 www.corpsports.com	51,758 51,758	18 127 62	\$35-\$65 \$50-\$250	25,000	M-F 5:30 a.m.-9 p.m. Sat.-Sun. 9 a.m.-8 p.m.	cardio, spinning, boot camps, circuit training, free weights, personal training, massage, swimming, squash, basketball	Donald H. Whitney, Richard DeRossett	1980
3.	(NR)	<b>Workout Anytime</b> 4630 Shallowford Road Dunwoody, Ga. 30338 (770) 234-0108 www.workoutanytime.com	42,000 37,800	14 35 0	\$18.95 \$0	5,000	24 hours a day, 365 days a year	cardio, weight loss and nutritional guidance, cardio theater, tanning, personal training, massage therapy	Mike Bolt	1999
4.	(6)	<b>World Gym</b> 1300 Commerce Drive Peachtree City, Ga. 30269 (770) 631-8004 www.worldgymfayette.com	9,950 NA	3 11 90	\$32-\$99 \$39-\$79	26,666	M-F 4 a.m.-10 p.m. Sat. 7 a.m.-9 p.m. Sun. 8 a.m.-9 p.m.	ladies-only studio, tanning, child care, boxing area, group fitness, personal training, nutrition coaches	Kim Hershey	1998
5.	(7)	<b>Cosmos Fitness</b> 2745 Sandy Plains Road Marietta, Ga. 30066 (770) 579-3488 www.cosmosfitness.com	7,900 7,900	2 8 NA	\$14.95- \$29.95 \$25-\$99	15,000	M-F 4:30 a.m.-10 p.m. Sat.-Sun. 8 a.m.-6 p.m.	indoor pool, hot tub, sauna, steam room, cardio, group classes, weights	Mark Hutton	1995
6.	(10) (tie)	<b>Colony Square Athletic Club</b> 1197 Peachtree St. Atlanta, Ga. 30361 (404) 745-9309 www.colonyathletic.com	6,300 6,300	1 7 25	\$10-\$29 \$99	15,000	24 hours a day	day saunas, tanning, personal training, color televisions on all cardio equipment, group exercise classes	Adam Sacco	2004
7.	(8)	<b>WellStar Health Place</b> 330 Kennestone Hospital Blvd. Marietta, Ga. 30060 (770) 793-7300 www.wellstarhealthplace.org	6,288 4,500	1 16 10	\$35-\$45 \$119	55,000	M-F 5 a.m.-10 p.m. Sat. 8 a.m.-6 p.m. Sun. 11 a.m.-6 p.m.	indoor and outdoor track, racquetball, indoor pool, massage therapy, whirlpool, steam, sauna	Allan Bishop	1986
8.	(14)	<b>The Forum Athletic Club</b> 3393 Peachtree Road Atlanta, Ga. 30326 (678) 904-1940 www.theforumathleticclub.com	6,000 6,000	2 4 20	\$29-\$59 \$89	NA	5 a.m.-10 p.m.	towel service, personal training, swimming, group training, sauna, child care, nutrition	Cara Weaver, Monica Williams	2004
9.	(NR)	<b>Ladies Only Total Fitness</b> 6132 Covington Highway Lithonia, Ga. 30058 (770) 808-9294	5,000 5,000	5 16 10	\$29-\$43 \$59-\$79	6,000	8 a.m.-9 p.m.	NA	Vernon Floyd	1993
10.	(10) (tie)	<b>Concourse Athletic Club</b> 8 Concourse Parkway Atlanta, Ga. 30328 (770) 698-2000 www.concourseclub.com	4,000 NA	1 50 150	\$85 and up \$149 and up	82,000	M-F 5:30 a.m.-10:30 p.m. Sat.-Sun. 7:30 a.m.- 7:30 p.m.	indoor and outdoor heated pools, clay tennis courts, squash, group exercise, spa services, personal training	Suzanne Cypert	1989

\* Fitness centers under single ownership are listed. All information is current as of February.

\*\* Information may not be the same for all locations.

† Gold's Gyms of Georgia Inc. is an incorporated alliance of 28 greater Atlanta Gold's Gyms.

NA - Not available or not applicable

NR - Not ranked or not relevant

Several metro Atlanta YMCAs and YWCAs qualify for this list, but declined to participate because of their primary emphasis on providing human services and their appearances on the list of nonprofit organizations.

SOURCES: Atlanta Business Chronicle research and the centers

It is not the intent of this list to endorse the participants or to imply that the size of a center indicates its quality. Although every attempt is made to ensure the accuracy and thoroughness of Atlanta Business Chronicle charts, omissions sometimes occur. All information listed is based on responses from the centers to Atlanta Business Chronicle surveys. Please send corrections or additions on company letterhead to Patsy Conn, Research Director, Atlanta Business Chronicle, 3423 Piedmont Road, Suite 400, Atlanta, Ga. 30305, or e-mail pconn@bizjournals.com.